



# Food - Nutritional Information - U.S.

2,000 calories a day is used for general nutritional advice, but calorie needs vary.

| Menu Items                           | Serving Size (ounces) | Calories | Calories Fat (grams) | Total Fat (grams) | Saturated Fat (grams) | Trans Fat (grams) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrates (grams) | Dietary Fiber (grams) | Sugars (grams) | Proteins (grams) |
|--------------------------------------|-----------------------|----------|----------------------|-------------------|-----------------------|-------------------|------------------|-------------|-----------------------------|-----------------------|----------------|------------------|
| <b>SHAREABLES</b>                    |                       |          |                      |                   |                       |                   |                  |             |                             |                       |                |                  |
| Edamame                              | 6                     | 206      | 74                   | 9                 | 1                     | 0                 | 0                | 436         | 17                          | 9                     | 4              | 18               |
| Spicy Garlic Edamame                 | 6                     | 357      | 134                  | 16                | 3                     | 0                 | 0                | 1143        | 35                          | 9                     | 17             | 22               |
| Beef Gyoza                           | 6                     | 200      | 81                   | 9                 | 3                     | 1                 | 6                | 10          | 550                         | 6                     | 7              | 23               |
| Pork Gyoza                           | 6                     | 210      | 90                   | 8                 | 2                     | 1                 | 6                | 11          | 580                         | 6                     | 7              | 25               |
| Spicy Chicken Gyoza                  | 5                     | 309      | 75                   | 9                 | 3                     | 0                 | 44               | 1332        | 44                          | 3                     | 5              | 13               |
| Edamame & Vegetable Gyoza            | 5                     | 184      | 18                   | 4                 | 1                     | 0                 | 0                | 616         | 25                          | 3                     | 3              | 8                |
| Spring Rolls                         | 2                     | 118      | 63                   | 7                 | 2                     | 0                 | 0                | 425         | 12                          | 1                     | 1              | 2                |
| Takoyaki                             | 6                     | 270      | 18                   | 12                | 4                     | 0                 | 45               | 495         | 32                          | 3                     | 29             | 9                |
| Shimp Tempura                        | 8pcs                  | 464      | 224                  | 25                | 3                     | 0                 | 272              | 1608        | 28                          | 1                     | 0              | 30               |
| Crunchy Shrimp                       | 8pcs                  | 475      | 240                  | 26                | 3                     | 0                 | 288              | 1805        | 31                          | 1                     | 2              | 30               |
| Shrimp Saute                         | 5                     | 115      | 16                   | 3                 | 0                     | 0                 | 94               | 271         | 0                           | 0                     | 0              | 22               |
| Chicken Tenders                      | 6                     | 560      | 275                  | 31                | 6                     | 0                 | 85               | 1480        | 36                          | 2                     | 0              | 35               |
| Short Ribs Spicy                     | 9                     | 750      | 607                  | 70                | 19                    | 0                 | 500              | 2276        | 5                           | 1                     | 3              | 82               |
| Short Ribs Black Pepper Teriyaki     | 9                     | 740      | 523                  | 60                | 18                    | 0                 | 500              | 2446        | 22                          | 0                     | 20             | 83               |
| Short Ribs Sesame Garlic             | 9                     | 829      | 760                  | 90                | 26                    | 0                 | 530              | 1856        | 8                           | 0                     | 0              | 81               |
| Sesame Garlic Wings                  | 16                    | 769      | 760                  | 90                | 26                    | 0                 | 500              | 1856        | 8                           | 0                     | 0              | 81               |
| Black Pepper Teriyaki Wings          | 15                    | 680      | 523                  | 60                | 18                    | 0                 | 500              | 2446        | 22                          | 0                     | 20             | 83               |
| Spicy Wings                          | 17                    | 690      | 607                  | 70                | 19                    | 0                 | 500              | 2276        | 5                           | 1                     | 3              | 82               |
| Hibachi Short Ribs Appetizer Sampler | 13                    | 943      | 556                  | 62                | 26                    | 4                 | 231              | 1975        | 348                         | 4                     | 11             | 74               |
| Wings Appetizer Sampler              | 14                    | 888      | 618                  | 71                | 21                    | 0                 | 504              | 2771        | 361                         | 4                     | 25             | 98               |
| <b>SUSHI ROLLS</b>                   |                       |          |                      |                   |                       |                   |                  |             |                             |                       |                |                  |
| Crispy Spicy Tuna Roll               | 6                     | 223      | 35                   | 4                 | 0                     | 0                 | 5                | 1940        | 38                          | 3                     | 22             | 10               |
| California Roll                      | 7                     | 274      | 45                   | 5                 | 0                     | 0                 | 4                | 682         | 55                          | 5                     | 10             | 13               |
| Philadelphia Roll                    | 7                     | 379      | 117                  | 13                | 5                     | 0                 | 35               | 682         | 54                          | 3                     | 13             | 13               |
| Spicy Tuna Roll                      | 6                     | 335      | 56                   | 6                 | 1                     | 0                 | 22               | 924         | 56                          | 1                     | 12             | 13               |
| Shrimp Crunchy Roll                  | 8                     | 500      | 180                  | 20                | 3                     | 0                 | 20               | 1260        | 68                          | 1                     | 12             | 11               |
| Salmon Avocado Roll                  | 7                     | 330      | 110                  | 12                | 2                     | 0                 | 19               | 274         | 281                         | 4                     | 10             | 14               |
| <b>SALAD</b>                         |                       |          |                      |                   |                       |                   |                  |             |                             |                       |                |                  |
| House Salad (per serving)            | 4                     | 88       | 72                   | 8                 | 1                     | 0                 | 0                | 362         | 3                           | 1                     | 0              | 2                |
| <b>SOUPS</b>                         |                       |          |                      |                   |                       |                   |                  |             |                             |                       |                |                  |
| Miso soup                            | 6                     | 35       | 9                    | 1                 | 0                     | 0                 | 0                | 951         | 4                           | 1                     | 0              | 2                |
| Onion Soup                           | 7                     | 25       | 9                    | 1                 | 0                     | 0                 | 0                | 710         | 3                           | 0                     | 0              | 1                |
| <b>RAMEN</b>                         |                       |          |                      |                   |                       |                   |                  |             |                             |                       |                |                  |
| Miso Ramen                           | 23                    | 490      | 120                  | 13                | 4                     | 0                 | 105              | 2710        | 75                          | 10                    | 3              | 17               |
| Chashu Pork Ramen                    | 26                    | 690      | 280                  | 31                | 10                    | 0                 | 180              | 3280        | 72                          | 13                    | 3              | 31               |
| Spicy Chili Garlic Ramen             | 25                    | 590      | 160                  | 18                | 5                     | 0                 | 120              | 3100        | 84                          | 12                    | 4              | 25               |
| Spicy Chicken Ramen                  | 29                    | 735      | 155                  | 18                | 5                     | 0                 | 270              | 3250        | 82                          | 11                    | 3              | 65               |
| <b>HIBACHI KO RICE</b>               |                       |          |                      |                   |                       |                   |                  |             |                             |                       |                |                  |
| Chicken Fried Rice                   | 9                     | 510      | 130                  | 15                | 7                     | 1                 | 153              | 1610        | 77                          | 6                     | 2              | 18               |
| Steak Fried Rice                     | 9                     | 497      | 134                  | 15                | 7                     | 0                 | 151              | 1616        | 77                          | 6                     | 2              | 13               |
| Shrimp Fried Rice                    | 9                     | 495      | 125                  | 14                | 6                     | 0                 | 154              | 1663        | 77                          | 6                     | 2              | 15               |
| Spicy Chicken Fried Rice             | 9                     | 120      | 15                   | 3                 | 0                     | 150               | 770              | 71          | 6                           | 1                     | 16             | 37               |
| Vegetable Fried Rice                 | 9                     | 490      | 127                  | 13                | 7                     | 1                 | 153              | 1610        | 77                          | 6                     | 2              | 8                |
| Steamed Rice                         | 6                     | 300      | 0                    | 0.0               | 0.0                   | 0.0               | 0.0              | 5           | 72                          | <1                    | <1             | 6                |

| <b>Menu Items</b>                 | <b>Serving Size (ounces)</b> | <b>Calories</b> | <b>Calories Fat (grams)</b> | <b>Total Fat (grams)</b> | <b>Saturated Fat (grams)</b> | <b>Trans Fat (grams)</b> | <b>Cholesterol (mg)</b> | <b>Sodium (mg)</b> | <b>Total Carbohydrates (grams)</b> | <b>Dietary Fiber (grams)</b> | <b>Sugars (grams)</b> | <b>Proteins (grams)</b> |
|-----------------------------------|------------------------------|-----------------|-----------------------------|--------------------------|------------------------------|--------------------------|-------------------------|--------------------|------------------------------------|------------------------------|-----------------------|-------------------------|
| <b>BOWL ENTRÉES</b>               |                              |                 |                             |                          |                              |                          |                         |                    |                                    |                              |                       |                         |
| Chicken Yakisoba                  | 16                           | 640             | 130                         | 14                       | 2                            | 0                        | 75                      | 1540               | 94                                 | 9                            | 11                    | 34                      |
| Steak Yakisoba                    | 16                           | 623             | 119                         | 13                       | 2                            | 0                        | 77                      | 1702               | 100                                | 9                            | 11                    | 26                      |
| Shrimp Yakisoba                   | 16                           | 602             | 94                          | 11                       | 1                            | 0                        | 85                      | 1702               | 94                                 | 9                            | 11                    | 30                      |
| Teriyaki Chicken                  | 17                           | 550             | 30                          | 3                        | 1                            | 0                        | 190                     | 660                | 73                                 | 7                            | 0                     | 57                      |
| Teriyaki Beef                     | 17                           | 610             | 80                          | 9                        | 4                            | 0                        | 125                     | 470                | 78                                 | 13                           | 2                     | 54                      |
| Teriyaki Shrimp                   | 16                           | 710             | 240                         | 26                       | 5                            | 0                        | 175                     | 570                | 73                                 | 11                           | 0                     | 45                      |
| <b>PARTY SIZE MEALS</b>           |                              |                 |                             |                          |                              |                          |                         |                    |                                    |                              |                       |                         |
| Chicken & Shrimp Family Meal      | 12                           | 297             | 82                          | 10                       | 3                            | 0                        | 164                     | 322                | 1                                  | 0                            | 0                     | 50                      |
| Steak & Shrimp Family Meal        | 13                           | 286             | 89                          | 11                       | 4                            | 1                        | 206                     | 386                | 1                                  | 1                            | 0                     | 44                      |
| Steak & Chicken Family Meal       | 11                           | 381             | 143                         | 16                       | 6                            | 1                        | 205                     | 234                | 2                                  | 1                            | 0                     | 57                      |
| House Salad (per serving)         | 4                            | 88              | 72                          | 8                        | 1                            | 0                        | 0                       | 362                | 3                                  | 1                            | 0                     | 2                       |
| Chicken Fried rice (per serving)  | 8                            | 440             | 100                         | 11                       | 3                            | 0                        | 150                     | 570                | 70                                 | 15                           | <1                    | 15                      |
| Hibachi Vegetables (per serving)  | 4                            | 40              | 11                          | 1                        | 0                            | 0                        | 0                       | 65                 | 6                                  | 2                            | 0                     | 1                       |
| <b>WINGS</b>                      |                              |                 |                             |                          |                              |                          |                         |                    |                                    |                              |                       |                         |
| Sesame Garlic Wings (per serving) | 16                           | 769             | 760                         | 90                       | 26                           | 0                        | 500                     | 1856               | 8                                  | 0                            | 0                     | 81                      |
| Black Pepper Teriyaki Wings       | 15                           | 680             | 523                         | 60                       | 18                           | 0                        | 500                     | 2446               | 22                                 | 0                            | 20                    | 83                      |
| Spicy Wings (per serving)         | 17                           | 690             | 607                         | 70                       | 19                           | 0                        | 500                     | 2276               | 5                                  | 1                            | 3                     | 82                      |
| House Salad (per serving)         | 4                            | 88              | 72                          | 8                        | 1                            | 0                        | 0                       | 362                | 3                                  | 1                            | 0                     | 2                       |
| Chicken Fried rice (per serving)  | 8                            | 440             | 100                         | 11                       | 3                            | 0                        | 150                     | 570                | 70                                 | 15                           | <1                    | 15                      |
| Edamame (per serving)             | 6                            | 206             | 74                          | 9                        | 1                            | 0                        | 0                       | 436                | 17                                 | 9                            | 4                     | 18                      |
| <b>WINGS &amp; TENDERS</b>        |                              |                 |                             |                          |                              |                          |                         |                    |                                    |                              |                       |                         |
| Chicken Tenders (per serving)     | 6                            | 560             | 275                         | 31                       | 6                            | 0                        | 85                      | 1480               | 36                                 | 2                            | 0                     | 35                      |
| Honey Mustard Sauce (per serving) | 2                            | 278             | 220                         | 24                       | 3                            | 0                        | 17                      | 308                | 14                                 | 0                            | 10                    | 1                       |
| Spicy Mayo Sauce (per serving)    | 2                            | 237             | 222                         | 25                       | 4                            | 0                        | 14                      | 345                | 3                                  | 1                            | 1                     | 1                       |
| Spicy Sauce (per serving)         | 2                            | 55              | 87                          | 10                       | 1                            | 0                        | 0                       | 796                | 4                                  | 1                            | 3                     | 1                       |
| Black Pepper Teriyaki Sauce       | 2                            | 95              | 3                           | 0                        | 0                            | 0                        | 0                       | 966                | 21                                 | 0                            | 20                    | 2                       |
| Sesame Garlic Wings (per serving) | 16                           | 769             | 760                         | 90                       | 26                           | 0                        | 500                     | 1856               | 8                                  | 0                            | 0                     | 81                      |
| Black Pepper Teriyaki Wings       | 15                           | 680             | 523                         | 60                       | 18                           | 0                        | 500                     | 2446               | 22                                 | 0                            | 20                    | 83                      |
| Spicy Wings (per serving)         | 17                           | 690             | 607                         | 70                       | 19                           | 0                        | 500                     | 2276               | 5                                  | 1                            | 3                     | 82                      |
| <b>HALF-POUND ANGUS BURGER</b>    |                              |                 |                             |                          |                              |                          |                         |                    |                                    |                              |                       |                         |
| Hibachi Ko Burger                 | 12                           | 917             | 442                         | 50                       | 24                           | 0                        | 165                     | 2016               | 67                                 | 4                            | 12                    | 51                      |
| Imperial Burger                   | 10                           | 764             | 369                         | 41                       | 20                           | 0                        | 137                     | 1680               | 56                                 | 3                            | 10                    | 43                      |
| <b>SUSHI BURRITOS</b>             |                              |                 |                             |                          |                              |                          |                         |                    |                                    |                              |                       |                         |
| Spicy Tuna                        | 9.5                          | 379             | 150                         | 17                       | 2                            | 0                        | 0                       | 2209               | 62                                 | 4                            | 8                     | 11                      |
| Shrimp Tempura                    | 9.5                          | 420             | 170                         | 19                       | 3                            | 0                        | 15                      | 1996               | 62                                 | 3                            | 6                     | 15                      |

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# Beverage - Nutritional Information - U.S.

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| Beverage Menu Items             | Serving Size (ounces) | Calories | Calories from Fat (grams) | Total Fat (grams) | Saturated Fat (grams) | Trans Fat (grams) | Sodium (mg) | Total Carbohydrates (grams) | Dietary Fiber (grams) | Sugars (grams) | Proteins (grams) |
|---------------------------------|-----------------------|----------|---------------------------|-------------------|-----------------------|-------------------|-------------|-----------------------------|-----------------------|----------------|------------------|
| <b>SAKE &amp; SAKE BOMBERS</b>  |                       |          |                           |                   |                       |                   |             |                             |                       |                |                  |
| <b>SPARKLING SAKE</b>           |                       |          |                           |                   |                       |                   |             |                             |                       |                |                  |
| MIO Sparkling Sake (300ml)      | 10.1                  | 250      | 0                         | 0                 | 0                     | 0                 | 1.1         | 4.1                         | 0                     | 37.0           | 0                |
| <b>PREMIUM COLD SAKE</b>        |                       |          |                           |                   |                       |                   |             |                             |                       |                |                  |
| Sho Chiku Bai Ginjo (300ml)     | 10.1                  | 290      | 0                         | 0                 | 0                     | 0                 | 0.4         | 1.2                         | 0                     | 6.0            | 0                |
| Hana Fuji Apple (4 oz)          | 4.0                   | 110      | 0                         | 0                 | 0                     | 0                 | 0.6         | 3.3                         | 0                     | 12.0           | 0                |
| Sho Chiku Bai Nigori (375ml)    | 12.7                  | 428      | 0                         | 0                 | 0                     | 0                 | 2.3         | 1.9                         | 0                     | 18.0           | 0                |
| TYKU Coconut Nigori (330ml)     | 11.2                  | 320      | 0                         | 0                 | 0                     | 0                 | 0.0         | 3.5                         | 0                     | 22.0           | 0                |
| TYKU Cucumber Can (250ml)       | 8.4                   | 241      | 0                         | 0                 | 0                     | 0                 | 0.0         | 1.2                         | 0                     | 22.0           | 0                |
| TYKU Red Flower Glass (4oz)     | 4.0                   | 130      | 0                         | 0                 | 0                     | 0                 | 0.0         | 1.9                         | 0                     | 1.0            | 0                |
| TYKU Red Flower Bottle (720ml)  | 24.3                  | 760      | 0                         | 0                 | 0                     | 0                 | 0.0         | 1.9                         | 0                     | 8.0            | 0                |
| <b>WINE</b>                     |                       |          |                           |                   |                       |                   |             |                             |                       |                |                  |
| Wine Glass (6 oz)               | 6.0                   | 150      | 0                         | 0                 | 0                     | 0                 | 1           | 0.74                        | 0                     | 2.0            | 0.02             |
| Wine Bottle (750ml)             | 25.3                  | 640      | 0                         | 0                 | 0                     | 0                 | 1           | 0.74                        | 0                     | 7.0            | 0.02             |
| Plum Wine Glass (6oz)           | 6.0                   | 240      | 0                         | 0                 | 0                     | 0                 | 0           | 4.8                         | 0                     | 21.0           | 0.0              |
| <b>BEER</b>                     |                       |          |                           |                   |                       |                   |             |                             |                       |                |                  |
| <b>JAPANESE BRANDS</b>          |                       |          |                           |                   |                       |                   |             |                             |                       |                |                  |
| Kirin Ichiban                   | 22.0                  | 270      | 0                         | 0                 | 0                     | 0                 | 0           | 0                           | 0                     | 20.0           | 0                |
| Kirin Light                     | 12.0                  | 100      | 0                         | 0                 | 0                     | 0                 | 0           | 0                           | 0                     | 0.0            | 0                |
| Asahi                           | 21.4                  | 150      | 0                         | 0                 | 0                     | 0                 | 0           | 0                           | 0                     | 20.0           | 0                |
| Sapporo                         | 22.0                  | 270      | 0                         | 0                 | 0                     | 0                 | 0           | 0                           | 0                     | 21.0           | 0                |
| <b>HARD SELTZER</b>             |                       |          |                           |                   |                       |                   |             |                             |                       |                |                  |
| High Noon                       | 12.0                  | 100      | 0                         | 0                 | 0                     | 0                 | 0           | 0                           | 0                     | 2.6            | 0                |
| <b>SAKE BOMBERS</b>             |                       |          |                           |                   |                       |                   |             |                             |                       |                |                  |
| Large Japanese Beer & SCB Ginjo | 32.1                  | 560.0    | 0                         | 0                 | 0                     | 0                 | 0.4         | 1.2                         | 0                     | 26.0           | 0                |
| Nigori Bomber                   | 34.7                  | 698.0    | 0                         | 0                 | 0                     | 0                 | 2.3         | 1.9                         | 0                     | 38.0           | 0                |
| <b>SPECIALTY COCKTAILS</b>      |                       |          |                           |                   |                       |                   |             |                             |                       |                |                  |
| Hibachi Ko Punch                | 12.00                 | 270.0    | 0                         | 0                 | 0                     | 0                 | 0           | 0                           | 0.55                  | 37.0           | 0                |
| Blue Lagoon Punch               | 12.00                 | 270.00   | 5.00                      | 0                 | 0                     | 0                 | 0           | 0                           | 0.89                  | 43.0           | 0                |
| Mai Tai                         | 12.00                 | 270.0    | 0                         | 0                 | 0                     | 0                 | 0           | 0                           | 0                     | 28.0           | 0                |
| HI-KO Colada                    | 12.00                 | 370.0    | 16.7                      | 2                 | 1.7                   | 0                 | 0           | 24.0                        | 1.00                  | 54.0           | 0                |
| Yuzu Margarita                  | 12.00                 | 250.0    | 0                         | 0                 | 0                     | 0                 | 0           | 0                           | 0                     | 31.0           | 0                |
| <b>ALCOHOL FREE</b>             |                       |          |                           |                   |                       |                   |             |                             |                       |                |                  |
| Lemonade Mango                  | 16.00                 | 130.0    | 0                         | 0                 | 0                     | 0                 | 0           | 0                           | 0                     | 32.0           | 0                |
| Lemonade Strawberry             | 16.00                 | 130.0    | 0                         | 0                 | 0                     | 0                 | 0           | 0                           | 0                     | 32.0           | 0                |
| Lemonade Passion Fruit          | 16.00                 | 140.0    | 0                         | 0                 | 0                     | 0                 | 0           | 0                           | 0.9                   | 33.0           | 0                |
| Lemonade Raspberry              | 16.00                 | 130.0    | 0                         | 0                 | 0                     | 0                 | 0           | 0                           | 0                     | 32.0           | 0                |
| Hibachi Ko Iced Tea             | 16.00                 | 0        | 0                         | 0                 | 0                     | 0                 | 0           | 0                           | 0                     | 0.0            | 0                |
| Pepsi                           | 16.00                 | 100.0    | 0                         | 0                 | 0                     | 0                 | 2.5         | 3.5                         | 0                     | 28.0           | 0                |
| Diet Pepsi                      | 16.00                 | 0        | 0                         | 0                 | 0                     | 0                 | 5.0         | 0                           | 0                     | 0              | 0                |
| Sierra Mist                     | 16.00                 | 100.0    | 0                         | 0                 | 0                     | 0                 | 2.5         | 3.4                         | 0                     | 27.0           | 0                |
| Mountain Dew                    | 16.00                 | 110.0    | 0                         | 0                 | 0                     | 0                 | 4.4         | 3.6                         | 0                     | 29.0           | 0                |
| Lemonade                        | 16.00                 | 100.0    | 0                         | 0                 | 0                     | 0                 | 13.1        | 3.4                         | 0                     | 27.0           | 0                |
| Ramune                          | 6.76                  | 79.8     | 0                         | 0                 | 0                     | 0                 | 0.7         | 3.0                         | 0                     | 20.0           | 0                |
| Ramune Strawberry               | 6.76                  | 100.0    | 0                         | 0                 | 0                     | 0                 | 4.4         | 3.8                         | 0                     | 25.0           | 0                |
| Ramune Grape                    | 6.76                  | 100.0    | 0                         | 0                 | 0                     | 0                 | 3.0         | 3.8                         | 0                     | 24.0           | 0                |